



THE SPA
AT NAPLES BAY RESORT

WELCOME TO THE SPA AT NAPLES BAY RESORT

We invite you to experience the paths to wellness in our elegant and tranquil surroundings. Relax and renew with therapeutic, restorative organic spa treatments. Transform yourself with an expansive range of activities available in our boutique fitness center. Relax, renew and transform yourself at The Spa at Naples Bay Resort.



Our signature treatments are thoughtfully developed to give you the most indulgent spa experience. In each, we've reflected a special portion of what makes our spa most unique with our devotion to organics, a celebration of the tropics, and taking time to care for yourself in the most enjoyable ways.

SIGNATURE TREATMENTS AND PACKAGES

TRANQUILITY TREATMENT

Enjoy the relaxing scents while you renew your whole body. Start with a fifty minute Swedish Serenity Massage and finish with a relaxing Tranquility Anti-Stress Facial. Enjoy this splendid introduction to The Spa. *2 hours/\$195*

PEACE OF MIND TOTAL BODY TREATMENT

Relax with this indulgent experience at The Spa featuring a Detoxifying Sea Salt Soak, an Organic Coconut Body Scrub and Wrap and mini massage. Finish with a fifty minute Custom Organic Facial for a total body treat. *2.5 hours/\$285*

TROPICAL GET AWAY

Transform yourself with a relaxing and healthy day at The Spa. Renew with a Custom Tropical Facial and organic body scrub. Finish with a relaxing Swedish Massage. You will look and feel amazing. *3 hours/\$310*

HOT STONE OR BAMBOO MASSAGE

Enjoy an extra degree of relaxation and relief from tense muscles and sore joints with the penetrating heat from oiled, heated stones or bamboo sticks. *80 minutes/\$175*

FLUSH FACIAL

This facial visibly decreases the appearance of fine lines and significantly increases skin elasticity with intense facial massage work. Your skin will be renewed and glowing. *50 minutes/\$145 • 80 minutes/\$200*

QUENCH

Enjoy a stimulating dry brush, followed by an ultra hydrating scrub. Our skin soothing body wrap features melted shea butter, healing Vitamin E and soothing Jojoba oil to seal in the moisture your body craves. A luxurious and ultra hydrating treatment to give you soft, beautiful skin. *55 minutes/\$160*

MASSAGE TREATMENTS

BACK, SHOULDERS, NECK

This is a great treatment for fast relief of aches, pains and cramped muscles in your most problematic areas. This therapeutic massage is used to release and remove tightness from your upper body. *50 minutes/\$120*

THERAPEUTIC ENERGY MASSAGE

A therapeutic massage focuses on the muscles in your body that carry the most stress. This medium intensity massage increases circulation and removes soreness from cramped muscles with deeper muscle work in focused areas. *50 minutes/\$110 • 80 minutes/\$155*

DEEP TISSUE MASSAGE

Deep tissue massage is designed for those who need intense muscle work. This is a great massage for athletes or anyone with chronic muscle tension. *50 minutes/\$130 • 80 minutes/\$185*

SWEDISH SERENITY MASSAGE WITH AROMATHERAPY

Traditional Swedish massage relaxes your body, increases circulation, and removes toxins from your lymphatic system. Relax with this light touch massage. *50 minutes/\$100 • 80 minutes/\$140*

RECIPE FOR LOVE - COUPLES MASSAGE

Receive simultaneous massages of your choice in one romantic treatment room. Champagne Mimosa massage oil and synchronized breathing techniques enhance your experience. *Price per treatment plus \$20 additional fee per person*

THE SPA AT NAPLES BAY RESORT MASSAGE TREATMENTS

Relax and enjoy massage for any variety of reasons including pain relief, rehabilitating injuries, reducing stress, increasing relaxation, and enhancing your general well-being.



ADD-ONS

- Reflexology \$75
- Hot Stones \$25
- Quench \$25
- Hand and Foot \$25
- Back Scrub \$30
- Scalp Ritual \$25

SPECIALTY MASSAGE TREATMENTS

PAIN MANAGEMENT MASSAGE

Renew yourself with this focused massage that uses a cooling gel application to relax problematic areas. Relieve tension and increase circulation while decreasing pain.

50 minutes/\$100

ARTHRITIS MASSAGE

Transform yourself with a special blend of essential oils to warm and soothe while combining massage techniques to reduce inflammation and increase mobility. A great massage for easing pain and reducing chronic stiffness, and misalignment. *50 minutes/\$110*

DEEP FLOW MASSAGE

Renew yourself with these wonderful stretching massage techniques that originated in Thailand. This massage is based on yoga positioning and stretching to increase the energy flow in your body. Treats the whole person . . . mind, body and spirit.

50 minutes/\$140 • 80 minutes/\$195

LYMPHATIC DRAINAGE MASSAGE

Experience the feather light manipulation of the thousands of lymph nodes in your body. Loosen toxins stored in lymphatic glands with rhythmic movements, allowing them to be naturally eliminated by your body.

*50 minutes/\$110 • 80 minutes/\$155
110 minutes/\$200*

SPORTS MASSAGE

Excellent for pre and post athletic events this massage increases circulation and helps relieve tension in strained muscle areas with deep muscle work.

50 minutes/\$130 • 80 minutes/\$185

BABY ME MASSAGE

Utmost care is given to your comfort level for whatever stage of pregnancy you are in. Using professional body support cushions, you need only to relax and breathe. *55 minutes/\$125*

MASSAGE ADD-ON TREATMENTS

REFLEXOLOGY

Allow this ultimate foot massage to benefit your whole body using acupressure points that target problematic areas throughout your entire body.

30 minutes/\$75 • 50 minutes/\$105

HOT STONES

Enjoy a medley of hot stone techniques to warm and relax your muscles for a deeper and a more effective massage. *\$25*

QUENCH

Make your massage even more luxurious. Relax and enjoy the ultra hydrating properties of melted organic shea butter. Excellent for anyone who wants to benefit from a deep conditioning treatment. *\$25*

HAND AND FOOT TREATMENT

This three step process will give you visible results for beautiful hands and feet. Warm oil, deep conditioning, exfoliation and a quench of warm shea butter in your favorite scent will restore and renew. *\$25*

BACK SCRUB

Exfoliate and renew the skin on your back with an organic salt scrub enriched with shea butter to restore hydration. *\$30 add 15 minutes*

SCALP RITUAL

Revitalize your hair and scalp. A gentle rhythmic touch will relax and destress. Poured luxuriously over the scalp this warm oil massage treatment is not to be missed. *\$25*

FACIAL TREATMENTS

AGE COMBATING CORRECTIVE FACIAL

Created to restore and rejuvenate tired, dull, and wrinkled skin. This facial imparts a reduction in fine lines and restores that fresh look that we all love. Using a carefully selected assortment of products, including a collagen mask, your skin will be renewed and glowing.

50 minutes/\$180

CUSTOM ORGANIC FRUITS AND VEGETABLES FACIAL

This signature facial for men and women offers a wide spectrum of cleansers, exfoliants, masques, serums, and whipped moisturizers that you and your skin specialist will select, to give you an extremely customized facial designed to release your inner radiance.

50 minutes/\$135 • 80 minutes/\$180

TRANQUILITY ANTI-STRESS FACIAL

Calming for your skin as well as your mind, this treatment is great for combating today's stress problems, along with rosacea and sensitive skin. Feel the stress melt away as your skin is gently treated at key pulse points throughout the body and face using a customized blend of products.

50 minutes/\$130 • 80 minutes/\$180

NATURAL SALT MICRODERMABRASION EXFOLIATING FACIAL

A pure and natural organic facial that utilizes natural salts to remove dead skin cells and invigorate your skin. This facial targets wrinkles and scars. This treatment leaves your skin clear, smooth, soft and glowing.

60 minutes/\$160

THE SPA AT NAPLES BAY RESORT FACIAL TREATMENTS

The Spa's facials are carefully planned using the best organic and cutting edge products combined for targeted results. We guarantee advanced and effective facials.



ADD-ONS

- Collagen Mask \$50
- Neck & Decollete \$50
- Lip Treatment \$30
- Total Eye \$35
- Fruit Acid Peel \$35
- Scalp Ritual \$25

FACIAL TREATMENTS CONTINUED

DETOXIFYING HERBAL CLEANSING FACIAL

Nature recognizes the need for balance, growth and health as does your skin. While still hydrating, this is a naturally cleansing facial that refines and deeply cleanses the pores with natural enzymes and fruit acids. Recommended for acne or congested skin. *50 minutes/\$120*

GENTLEMAN'S AGELESS FACIAL

Total facial relaxation for men. This facial is designed to stimulate, exfoliate and renew your skin. You'll leave with your skin refreshed and moisturized and the body and mind deeply relaxed. *50 minutes/\$130*

FACIAL ADD-ONS

COLLAGEN FIBER MASK

Restore your skin with an infusion of pure plant collagen. Collagen increases elasticity and diminishes fine lines. *\$50 add 15 minutes*

NECK & DECOLLETE

Transform yourself with a light fruit acid application for exfoliation and restore the glow with a deeply hydrating organic cream. *\$50 add 15 minutes*

3 STEP LIP TREATMENT

Exfoliation, hydration, and plumping. The perfect trio for luscious lips. *\$30*

TOTAL EYE REJUVENATION

Gentle exfoliation with fruit acids, followed by a tightening mask and a restorative rich cream. *\$35*

FRUIT ACID PEEL

Organic fruit acids remove damaged skin leaving your skin glowing. *\$35*

SCALP RITUAL

Revitalize your hair and scalp. A gentle rhythmic touch will relax and destress. Poured luxuriously over the scalp this warm oil massage treatment is not to be missed. *\$25 add 15 minutes*

THE SPA AT NAPLES BAY RESORT ENHANCEMENTS

Enhance your facial experience with these carefully engineered enhancements. Experience transformation today with any of our six add on services featuring our signature Eminence products.



ADD-ONS

- Collagen \$50
- Neck and Decollete \$50
- 3 Step Lip \$30
- Total Eye \$35
- Fruit Acid Peel \$35
- Scalp Ritual \$25

SOAKING RITUALS

DETOXIFYING SEA SALT SOAK

For overall wellness this soak gently draws out impurities and helps to flush toxins naturally with the benefits of dead sea salts.

25 minutes/\$50

SOOTHING BLEND SOAK

Soothe and calm aching joints and muscles with this blend of herbs picked for their soothing and calming properties. This vapor elixir bath with chlorophyll, menthol, clove and eucalyptus is also great for sinus relief. *25 minutes/\$50*

HEALING HERBS SOAK

These bathing herbs are specifically chosen for their ability to heal and flush impurities from the body. Fresh ginger is great for skin irritations and pain relief associated with muscle problems.

25 minutes/\$50

SPECIALITY TEA BATH

Choose your scent and enjoy the benefits of beautiful botanicals, essential oils and sea salts. Relax with lavender rose. Refresh with lemon eucalyptus and Renew with Pomegranate and Ylang Ylang.

25 minutes/\$50

HUNGARIAN MUD BATH

This sterile mud's 1000+ plant extracts and trace elements detoxify and stimulate leaving you energized from head to toe.

25 minutes/\$75

THE SPA AT NAPLES BAY RESORT SOAKING RITUALS

Enjoy a luxurious bath drawn at the perfect temperature for you and infused with aromatic ingredients to transform your entire body. Our soaking rituals are the perfect way to relax your muscles and relieve aches and pains.



BATH TO GO

Continue your transformation at home with our fantastic selection of outstanding skin and bath products.

- White Lion Teas
- Zents
- Farmaesthetics

BODY TREATMENTS

ORGANIC FRUIT SCRUB

Restore your natural glow and have a beach ready body. Organic coconut and Biocomplex blend are combined with raw sugar and used as a delicious scrub to renew your skin. Your skin is rehydrated with a rich organic cream and you're ready for the sun. *55 minutes/\$130*

GLOW SALT SCRUB & SHEA WRAP

Enjoy this transforming treatment that polishes your whole body and includes a scalp ritual and a hand and foot treatment. We start with dry brushing to stimulate and cleanse your skin followed by a salt scrub for exfoliation and restoration. Finish with a shea butter wrap and a brief massage. *55 minutes/\$150*

COCONUT SCRUB & WRAP

Richly hydrating, this treatment starts with dry brushing, followed by an organic fruit sugar scrub. Then enjoy a wrap in a velvety layer of rich coconut masque to help feed your skin nutrients and repair any signs of aging and sun damage. Finish with an organic cream infused with antioxidants. The scent is amazing and so are the results. *55 minutes/\$150*

CUCUMBER SUN RECOVERY WRAP

Give your skin a well deserved break with a cooling cucumber and peppermint treat. Calm sun indulgences and restore elasticity while giving your skin a concentrated dose of anti-aging vitamins and antioxidants. Also available as a facial. *55 minutes/\$125*

THE SPA AT NAPLES BAY RESORT BODY TREATMENTS

We often forget to treat our bodies with the same care we put into our faces. The following body treatments are designed to polish and renew your entire body bringing you back that natural glow.



HERBAL DETOXIFYING WRAP

This is a highly effective and stimulating treatment that can be enjoyed once or done as part of an ongoing program for long term results. After light exfoliation you are wrapped in a blend of detoxifying fruits and herbs for an overall slimming effect with special attention to "problem" areas. *55 minutes/\$125*

EXPRESS MENU

BALANCE

Let us work out the toughest tension spots in your scalp, jaw, and neck to have your head feeling as light as a feather. *30 minutes/\$60*

TIGHTEN

Organic fruit acids remove damaged skin leaving your skin glowing. *20 minutes/\$35*

POLISH

Exfoliate and repair the skin on your back with natural sea salts and vitamin E oil. *20 minutes/\$30*

BRIGHTEN

Bring back your beautiful, healthy glow with this special mini brightening facial treatment. *30 minutes/\$75*

RESTORE

Allow this ultimate foot massage to benefit your whole body using acupressure points that target problematic areas throughout your entire body.

30 minutes/\$75 • 50 minutes/\$105

RENEW

This three step process will give you visible results for beautiful hands and feet. Warm oil, deep conditioning exfoliation and a quench of warm shea butter in your favorite scent will restore and renew. *20 minutes/\$25*

THE SPA AT NAPLES BAY RESORT EXPRESS MENU

Express Spa Services are designed to give you a quick but effective treatment that will rejuvenate you in minutes. They may be received simultaneously with any of our other spa services. A perfect introduction for those on the go.



SPA TO GO

Continue your transformation at home with our fantastic selection of outstanding skin and body products.

- Eminence Organics
- Emergin C
- Zents

FITNESS

For the ultimate workout, visit our extraordinary 2,500 square foot fitness center with state-of-the-art strength training and cardiovascular equipment. 45 stations featuring Technogym equipment with Smartkey personalized reports ensure a workout with the best possible results.

Our Pilates and aerobics studios offer a variety of choices for total body transformation. Classes include Yoga sessions for a better mind, body and soul as well as a total body/cardiovascular workout. In the most simulating environment we offer Crazy River Rapid Aerobics in the Lazy River. Please contact the fitness center for a full schedule of classes.

All of our instructors at Naples Bay Resort come with knowledge,

dedication, and lots of personality to make our classes and fitness center a truly wonderful place to be.

PERSONAL TRAINERS

Our staff offers members and guests personalized training sessions for one-on-one attention by appointment. General fitness, Yoga, and Pilates private training available. Open daily from 5:30 a.m. to 9 p.m.

TENNIS

Our full service tennis program will ensure a great experience for tennis enthusiast of all ages and levels. Whether you want a competitive match, private instruction, or group clinics our professional staff is here to meet your needs. We feature 6 lighted Har Tru tennis courts, a ball machine, and a full service pro shop.

GIFT CERTIFICATES

A variety of gift certificates are available for purchase through the spa reception or the concierge.

FREQUENTLY ASKED QUESTIONS

RESERVATIONS

It is highly recommended you make reservations in advance. To make your spa reservations, please call (239)530-5113 or (239)530-5100.

HOURS

Spa hours are 10 am to 5 pm Monday through Saturday. Evening and Sundays are available by special arrangement through The Spa.

FACILITIES

Steam, sauna, relaxation lounge, vanity amenities, locker and shower facilities.

CANCELLATIONS

Appointment cancellations must be made six hours or more prior to the appointed time by calling (239) 530-5113 or there will be a 50% service charge. Cancellations of packages or private parties require a 24 hour notice.

FEES

We accept all major credit cards and traveler's checks. Additional gratuities may be offered at your discretion. Hotel guests may charge spa services to your hotel bill. Prices and services are subject to change.

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